



A community project of The Rotary Club of Hall 

MEDIA RELEASE

Tuesday 18th November 2025

Celebrate the season, support local farmers and taste the best of Canberra's summer produce at Capital Region Farmers Market Summer Harvest events - some in NEW locations!

The [Capital Region Farmers Market](#) is celebrating the vibrant flavours of the season with [Summer Harvest](#), a series of on and offsite summer themed markets running from November 2025 to February 2026.

“Our farmers, growers, producers and makers really need your support to come in and buy all the results of their hard work – their fresh summer bounty,” said Capital Region Farmers Market Manager, Sarah Power.

“Canberrans are invited to come to Market to shop for the best in fresh summer produce, support our farmers and producers who bring the freshest summer produce to our tables, from glossy cherries and sun-ripened stone fruit to Christmas hams, seafood and artisan treats,” Sarah continued.

The Summer Harvest launch featuring Cherry Day will kick off Summer Harvest events on Saturday 29 November at EPIC, marking the official start of cherry season and the first event in a packed calendar of summer celebrations at the Market.

Cherry Day will feature the first haul of fresh cherries for the season, the annual cherry pip-spitting contest, lots of cherry themed produce, and door prizes for lucky market-goers to win boxes of cherries throughout the morning.

“We can’t wait for the cherry pip-spitting contest to see if someone can beat last year’s winner. That was an impressive 6 metres!” continued Sarah.

In the coming weeks Capital Region Farmers Market will be relocating due to the Spilt Milk Festival taking over at EPIC. The Market’s ‘Away Game’ will be held on Saturday 13 December at GIO Stadium, and will feature all the stallholder favourites, fresh produce, festive goods and family fun.

“It’s more important than ever for our Market customers to come and shop with us for their Summer produce at that Market as the farmers and growers have so much beautiful fresh produce and are unable to trade at EPIC at this key time of year.

“We welcome everyone will join us for the Markets’ Away Game, and over the coming months as we bring you the freshest seafood, cherries, stone fruit, berries, and salad greens straight from local farms. Plus, special events, new locations, and all the festive magic of shopping local across the summer,” Sarah concluded.

For more information on Summer Harvest events, head to www.capitalregionfarmersmarket.com.au and follow the Market on Instagram and Facebook for all event details and updates

Summer Harvest event dates:

Summer Harvest Launch featuring Cherry Day - Saturday 29 November

EPIC, 7am – 11.30am

Kick off the season with Cherry Day, the first taste of summer. Celebrate all things cherries and stone fruit, meet your favourite producers and stock up on all the summer essentials.

Away Game - Saturday 13 December

GIO Stadium, 7am – 11.30am

The Market hits the road for one day only while Spilt Milk takes over EPIC. Visit GIO Stadium for fresh produce, festive goods and family fun.

Last Summer Saturday of 2025 - Saturday 21 December

EPIC, 7am – 11.30am

Celebrate the final Saturday Market of the year by stocking up for summer celebrations with juicy peaches, crisp greens and all the ingredients for long lunches and backyard barbecues.

Christmas Eve Market - Wednesday 24 December

EPIC, 7am – 11.30am

Make your last-minute Christmas shop magical with fresh seafood, juicy berries, crisp salad greens, and more festive favourites, all fresh from the region's best growers and producers.

Summer Pop-Up Market - Saturday 10 January

Dickson College, 7am – 11.30am

While Summernats takes over EPIC, the Market will pop up in Dickson with a curated selection of local farmers, growers and makers to help you start the new year fresh.

MEDIA CONTACT: For more information, images or interviews please contact Lauren Griffiths, Threesides Marketing, on 0417 409 264 or lauren.griffiths@threesides.com.au